# Package 'musclesyneRgies'

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Title Extract Muscle Synergies from Electromyography

Version 1.2.5

**Description** Provides a framework to factorise electromyography (EMG) data. Tools are provided for raw data pre-processing, non negative matrix factorisation, classification of factorised data and plotting of obtained outcomes. In particular, reading from ASCII files is supported, along with wide-used filtering approaches to process EMG data. All steps include one or more sensible defaults that aim at simplifying the workflow. Yet, all functions are largely tunable at need. Example data sets are included.

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URL https://github.com/alesantuz/musclesyneRgies

BugReports https://github.com/alesantuz/musclesyneRgies/issues

**Depends** R (>= 4.1.0)

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classify\_kmeans *Muscle synergy classification with k-means* 

## Description

Muscle synergy classification with k-means

## Usage

Index

classify\_kmeans(x, MSE\_lim = 0.001, inspect = FALSE, show\_plot = FALSE)

## Arguments

х	A list of musclesyneRgies objects
MSE_lim	Mean squared error threshold for determining the minimum number of clusters
inspect	Logical, ask for interactive re-ordering or go fully automated?
show_plot	Logical, to decide whether plots should be plotted in the active graphic device

#### Details

This function must be applied to a list with a sufficient amount of trials, otherwise the classification will not work. Typically, at least 10 trials for the same condition are needed for satisfactory classification. If show\_plot is TRUE (default) plots are also shown in the active graphic device. Plots can then be saved with the preferred export method, such as ggplot2::ggsave. The algorithm used is the default for stats::kmeans (Hartigan and Wong, 1979), which is known for its robustness to local minima. Nonetheless, the stochastic nature of the algorithm should prompt the user to attempt a few classifications and analyse their stability, before drawing conclusions on e.g. the number of fundamental synergies and/or their function. While the default parameters are optimised for human locomotion, it is suggested to test the function with different mean squared error thresholds, which is a crucial quantity to determine the number of clusters. Inspection and plotting are as well highly recommended to gain more insight into the classification process.

#### Value

List of musclesyneRgies objects, each with elements:

- syns factorisation rank or minimum number of synergies
- M motor modules (time-invariant coefficients)
- P motor primitives (time-dependent coefficients)
- · V original data
- Vr reconstructed data
- iterations number of iterations to convergence
- R2 quality of reconstruction (coefficient of determination)
- rank\_type was the rank fixed or variable?
- classification classification type (k-means)

```
# Load some data
data(SYNS)
# Classify synergies
SYNS_classified <- classify_kmeans(SYNS)</pre>
```

CoA

## Description

Centre of activity

## Usage

CoA(x)

#### Arguments

x A time series (numeric)

## Value

The centre of activity of the time series, calculated with circular statistics

#### References

Martino, G. et al. Locomotor patterns in cerebellar ataxia. J. Neurophysiol. 112, 2810-2821 (2014).

## Examples

```
# Number of users connected to the Internet through a server every minute
ts <- datasets::WWWusage[1:80]
# Calculate CoA
ts_CoA <- CoA(ts)
# Plot
plot(ts, ty = "1", xlab = "Time", ylab = "Number of users")
graphics::abline(v = ts_CoA, lwd = 2, lty = 2)
```

```
filtEMG
```

To filter raw EMG

## Description

To filter raw EMG

## filtEMG

## Usage

```
filtEMG(
    x,
    demean = TRUE,
    rectif = "fullwave",
    HPf = 50,
    HPo = 4,
    LPf = 20,
    LPo = 4,
    min_sub = TRUE,
    ampl_norm = TRUE
)
```

## Arguments

х	Object of class EMG with elements cycles and emg
demean	Logical: should EMG be demeaned?
rectif	Rectification type: "fullwave", "halfwave" or "none"
HPf	High-pass filter cut-off frequency, use 0 to exclude high-pass filtering
HPo	High-pass filter order
LPf	Low-pass filter cut-off frequency, use 0 to exclude Low-pass filtering
LPo	Low-pass filter order
min_sub	Logical: should the minimum be subtracted?
ampl_norm	Logical: should amplitude be normalised?

## Details

Lists in the correct format can be created with the function rawdata(). The first column of each emg element must be time in the same units as those used for cycles (e.g., [s] or [ms]).

## Value

Object of class EMG with elements:

- cycles data frame containing cycle timings, with as many columns as many cycle subdivisions are wanted
- emg data frame containing filtered EMG data in columns, first column is time

## References

Santuz, A., Ekizos, A., Janshen, L., Baltzopoulos, V. & Arampatzis, A. On the Methodological Implications of Extracting Muscle Synergies from Human Locomotion. Int. J. Neural Syst. 27, 1750007 (2017).

#### Examples

```
# Load some data
data("RAW_DATA")
# Filter raw EMG
filtered_EMG <- lapply(
    RAW_DATA,
    function(x) {
      filtEMG(x,
        HPf = 50,
        HPo = 4,
        LPf = 20,
        LPo = 4
    )
  }
)
```

FILT\_EMG

Filtered EMG example

#### Description

A list containing filtered and time-normalised electromyographic (EMG) human data from the rightside lower limb recorded during one walking trial.

#### Usage

FILT\_EMG

#### Format

A list containing one object of class EMG with elements cycles and emg, both data frames.

ID0012\_TW\_01 Object of class EMG containing the two following data frames:

cycles Gait cycle-timings, in seconds.

emg Filtered and time-normalised EMG, first column is time in points, muscles named as:

ME=gluteus medius MA=gluteus maximus FL=tensor fasciae latae RF=rectus femoris VM=vastus medialis VL=vastus lateralis ST=semitendinosus BF=biceps femoris TA=tibialis anterior PL=peroneus longus GM=gastrocnemius medialis GL=gastrocnemius lateralis SO=soleus

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## FWHM

## Source

#### doi:10.1016/j.isci.2019.100796

FWHM

## Full width at half maximum

#### Description

Full width at half maximum

## Usage

FWHM(x, sub\_minimum = TRUE)

## Arguments

Х	A time series (numeric)
sub_minimum	Logical; should the minimum be subtracted before amplitude normalisation?

## Value

The full width at half maximum of the time series.

## References

Martino, G. et al. Locomotor patterns in cerebellar ataxia. J. Neurophysiol. 112, 2810–2821 (2014).

```
\# Number of users connected to the Internet through a server every minute ts <- datasets::WWWusage
```

```
# Calculate FWHM
ts_FWHM <- FWHM(ts)
# Half maximum (for the plots)
hm <- min(ts) + (max(ts) - min(ts)) / 2
hm_plot <- ts
hm_plot[which(hm_plot > hm)] <- hm
hm_plot[which(hm_plot < hm)] <- NA
# Plots
plot(ts, ty = "1", xlab = "Time", ylab = "Number of users")
lines(hm_plot, lwd = 3, col = 2)</pre>
```

## Description

Higuchi's fractal dimension

#### Usage

HFD(P,  $k_max = 10$ )

## Arguments

Р	A time series (numeric)
k_max	Maximum window length in points

## Details

The Higuchi's fractal dimension is a measure of local complexity and it increases together with the "roughness" of the time series at a single cycle level (thus the term "local"). Higuchi's fractal dimension values range from 1 to 2, with increasing values correlating to increasingly complex data and Higuchi's fractal dimension = 1.5 indicating random Gaussian noise (Higuchi, 1988; Anmuth et al., 1994; Kesić & Spasić, 2016) For motor primitives, only the most linear part of the log-log plot should be used, as reported in Santuz, Akay (2020).

#### Value

A list with elements:

- loglog containing the log-log plot from which the HFD is calculated
- Higuchi containing the Higuchi's fractal dimension of the time series.

#### References

Higuchi, T. Approach to an irregular time series on the basis of the fractal theory. Phys. D Nonlinear Phenom. 31, 277–283 (1988).

Anmuth C. J., Goldberg G. & Mayer N. H. Fractal dimension of electromyographic signals recorded with surface electrodes during isometric contractions is linearly correlated with muscle activation. Muscle Nerve 17, 953–954 (1994).

Kesić S. & Spasić S. Z. Application of Higuchi's fractal dimension from basic to clinical neurophysiology: A review. Comput Methods Programs Biomed 133, 55–70 (2016).

Santuz, A. & Akay, T. Fractal analysis of muscle activity patterns during locomotion: pitfalls and how to avoid them. J. Neurophysiol. 124, 1083–1091 (2020).

#### HFD

## Hurst

#### Examples

```
# Measurements of the annual flow of the river Nile at Aswan
flow <- datasets::Nile
# Calculate HFD
fractal_dimension <- HFD(flow)$Higuchi
message("Higuchi's fractal dimension: ", round(fractal_dimension, 3))
# Thirty-cycle locomotor primitive from Santuz & Akay (2020)
data(primitive)
fractal_dimension <- HFD(primitive$signal)$Higuchi
message("Higuchi's fractal dimension: ", round(fractal_dimension, 3))</pre>
```

Hurst

Hurst exponent

#### Description

Hurst exponent

#### Usage

Hurst(P, min\_win = 2)

#### Arguments

Р	A time series (numeric)
min_win	Minimum window length in points

#### Details

Hurst calculates the Hurst exponent based on the R/S approach as in Hurst (1951). The Hurst exponent is a measure of global complexity and it increases if the "accuracy" of the time series decreases across several cycles (thus the term "global"). The Hurst exponent can vary between 0 and 1. For 0.5 < Hurst exponent < 1, in the long-term high values in the time series (the motor primitive in our case) will be probably followed by other high values and a positive or negative trend is visible (Mandelbrot, 1983; Gneiting & Schlather, 2004). For 0 < Hurst exponent < 0.5, in the long term high values in the series will be probably followed by low values, with a frequent switch between high and low values (Mandelbrot, 1983; Gneiting & Schlather, 2004). Hurst exponent = 0.5 corresponds to a completely random series (Mandelbrot, 1983; Qian & Rasheed, 2004). In other words, values of Hurst exponent approaching 0.5 from both ends indicate more complex (or random) behaviour of the time series (Hurst, 1951). For motor primitives, the minimum window length should be bigger than the period (i.e. the length of each cycle), as reported in Santuz, Akay (2020).

#### Value

A list with elements:

- loglog containing the log-log plot from which the HFD is calculated
- Hurst containing the Higuchi's fractal dimension of the time series.

#### References

Hurst, H. E. Long-term storage capacity of reservoirs. Trans. Am. Soc. Civ. Eng. 116, 770-808 (1951).

Mandelbrot B. B. The Fractal Geometry of Nature. W. H. Freeman and Co., New York (1983).

Gneiting T .& Schlather M. Stochastic Models That Separate Fractal Dimension and the Hurst Effect. SIAM Rev 46, 269–282 (2004).

Qian B. & Rasheed K. Hurst exponent and financial market predictability. In Proceedings of the Second IASTED International Conference on Financial Engineering and Applications, pp. 203–209 (2004).

Santuz, A. & Akay, T. Fractal analysis of muscle activity patterns during locomotion: pitfalls and how to avoid them. J. Neurophysiol. 124, 1083-1091 (2020).

#### Examples

```
# Measurements of the annual flow of the river Nile at Aswan
flow <- datasets::Nile
# Calculate Hurst exponent
H <- Hurst(flow)$Hurst
message("Hurst exponent: ", round(H, 3))
# Thirty-cycle locomotor primitive from Santuz & Akay (2020)
data(primitive)
H <- Hurst(primitive$signal, min_win = max(primitive$time))$Hurst
message("Hurst exponent: ", round(H, 3))</pre>
```

```
normEMG
```

To time-normalise filtered EMG

#### Description

To time-normalise filtered EMG

#### normEMG

#### Usage

normEMG(x, trim = TRUE, cy\_max = NA, cycle\_div = NA)

#### Arguments

х	Object of class EMG with elements cycles and emg
trim	Logical: should first and last cycle be trimmed to remove filtering effects?
cy_max	Maximum number of cycles to be considered
cycle_div	A vector or one dimensional array with the number of points each cycle should be normalised to

## Details

Lists in the correct format can be created with the function rawdata(). The first column of each emg element must be time in the same units as those used for cycles (e.g., [s] or [ms]).

## Value

Object of class EMG with elements:

- cycles data frame containing cycle timings, with as many columns as many cycle subdivisions are wanted
- emg data frame containing filtered and time-normalised EMG data in columns, first column is time

## References

Santuz, A., Ekizos, A., Janshen, L., Baltzopoulos, V. & Arampatzis, A. On the Methodological Implications of Extracting Muscle Synergies from Human Locomotion. Int. J. Neural Syst. 27, 1750007 (2017).

```
# Load some data
data("RAW_DATA")
# Filter raw EMG
filtered_EMG <- lapply(RAW_DATA, function(x) {
  filtEMG(x, HPf = 50, HPo = 4, LPf = 20, LPo = 4)
})
# Time-normalise filtered EMG, including three cycles and trimming first and last
filt_norm_EMG <- lapply(filtered_EMG, function(x) {
  normEMG(
    x,
    cy_max = 3,
    cycle_div = c(100, 100))
})
```

## Description

Plot muscle synergies

## Usage

```
plot_classified_syns(
    x,
    dark_mode = FALSE,
    line_size = 0.9,
    dot_size = 0.1,
    line_col = "black",
    sd_col = "grey80",
    condition = NA,
    show_plot = TRUE
)
```

## Arguments

х	List of objects of class musclesyneRgies (must be classified)
dark_mode	To enable dark mode
line_size	Line thickness
dot_size	Dot size on motor modules
line_col	Line colour
sd_col	Standard deviation ribbon colour
condition	Character: the condition that is being analysed, for archiving purposes
show_plot	Logical, to decide whether plots should be plotted in the active graphic device

## Details

If show\_plot is TRUE (default) plots are also shown in the active graphic device. Plots can then be saved with the preferred export method, such as ggplot2::ggsave.

## Value

Global plot containing the average classified muscle synergies and individual trials (motor modules) or standard deviations (motor primitives)

## Examples

```
# Load some data
data(SYNS)
# Classify synergies with k-means
SYNS_classified <- classify_kmeans(SYNS)
# Save plot of classified synergies
pp <- plot_classified_syns(SYNS_classified,
    dark_mode = TRUE,
    line_col = "tomato1",
    sd_col = "tomato4",
    condition = "TW",
    show_plot = FALSE
)
```

## Description

Plot 2D UMAP of muscle synergies

#### Usage

```
plot_classified_syns_UMAP(x, condition, show_plot = TRUE)
```

### Arguments

х	List of objects of class musclesyneRgies (must be classified)
condition	Character: the condition that is being analysed, for archiving purposes
show_plot	Logical, to decide whether plots should be plotted in the active graphic device

#### Details

If show\_plot is TRUE (default) plots are also shown in the active graphic device. Plots can then be saved with the preferred export method, such as ggplot2::ggsave.

## Value

2D UMAP plot of classified synergies.

## Examples

```
# Load some data
data(SYNS)
# Classify synergies with k-means
SYNS_classified <- classify_kmeans(SYNS)
# Save plot
pp <- plot_classified_syns_UMAP(SYNS_classified,
    condition = "TW",
    show_plot = FALSE
)</pre>
```

plot\_meanEMG Plot EMG averaged across all cycles

## Description

Plot EMG averaged across all cycles

## Usage

```
plot_meanEMG(
    x,
    trial,
    row_number = NA,
    col_number = 1,
    dark_mode = FALSE,
    line_size = 0.6,
    line_col = "black",
    show_plot = TRUE
)
```

## Arguments

х	A data frame containing filtered EMG organised in columns
trial	Character: the name of the considered trial, for archiving purposes
row_number	How many rows should the final plot be divided into?
col_number	How many columns should the final plot be divided into?
dark_mode	To enable dark mode
line_size	Line thickness
line_col	Line colour
show_plot	Logical, to decide whether plots should be plotted in the active graphic device

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## plot\_rawEMG

## Details

If show\_plot is TRUE (default) plots are also shown in the active graphic device. Plots can then be saved with the preferred export method, such as ggplot2::ggsave.

#### Value

Exports average filtered and normalised EMG.

## Examples

```
# Load some data
data(FILT_EMG)
# Save a plot of the only present trial with the average filtered and time-normalised EMG
pp <- plot_meanEMG(FILT_EMG[[1]],
    trial = names(FILT_EMG)[1],
    row_number = 4,
    col_number = 4,
    dark_mode = TRUE,
    line_col = "tomato3",
    show_plot = FALSE
)
```

plot\_rawEMG Plot raw EMG

## Description

Plot raw EMG

#### Usage

```
plot_rawEMG(
    x,
    trial,
    plot_time = 3,
    start = 1,
    row_number = NA,
    col_number = 1,
    dark_mode = FALSE,
    line_size = 0.3,
    line_col = "black",
    show_plot = TRUE
)
```

#### Arguments

х	Object of class EMG with elements cycles and emg
trial	Character: the name of the considered trial, for archiving purposes
plot_time	How many seconds of data should be plotted?
start	At which data point should the plot start?
row_number	How many rows should the final plot be divided into?
col_number	How many columns should the final plot be divided into?
dark_mode	To enable dark mode
line_size	Line thickness
line_col	Line colour
show_plot	Logical, to decide whether plots should be plotted in the active graphic device

## Details

If show\_plot is TRUE (default) plots are also shown in the active graphic device. Plots can then be saved with the preferred export method, such as ggplot2::ggsave.

## Value

Plots raw EMG trials of the specified length.

## Examples

```
# Load some data
data(RAW_DATA)
# Save a plot with the first (and only) trial in RAW_DATA, first three seconds, in dark mode
plot_rawEMG(RAW_DATA[[1]],
    trial = names(RAW_DATA)[1],
    row_number = 4,
    col_number = 4,
    dark_mode = TRUE,
    line_col = "tomato3",
    show_plot = FALSE
)
```

plot\_syn\_trials *Plot muscle synergies (individual trials)* 

## Description

Plot muscle synergies (individual trials)

plot\_syn\_trials

## Usage

```
plot_syn_trials(
    x,
    max_syns,
    trial,
    dark_mode = FALSE,
    line_size = 0.6,
    line_col = "black"
    sd_col = "grey80",
    show_plot = TRUE
)
```

#### Arguments

Object of class musclesyneRgies
Number of synergies to be plotted or how many rows should the final panel be divided into
Character: the name of the considered trial, for archiving purposes
To enable dark mode
Line thickness
Line colour
Standard deviation ribbon colour
Logical, to decide whether plots should be plotted in the active graphic device

#### Details

If show\_plot is TRUE (default) plots are also shown in the active graphic device. Plots can then be saved with the preferred export method, such as ggplot2::ggsave.

#### Value

Plots of the unclassified synergies, trial by trial.

```
# Load some data
data(SYNS)
# Find maximum number of synergies
max_syns <- max(unlist(lapply(SYNS, function(x) x$syns)))
# Save a plot with the first (and only, in this case) trial in the list
pp <- plot_syn_trials(SYNS[[1]],
    max_syns = max_syns,
    trial = names(SYNS)[1],
    dark_mode = TRUE,
    line_size = 0.8,
    line_col = "tomato1",
```

```
sd_col = "tomato4",
show_plot = FALSE
)
```

primitive

Single motor primitive example (30 cycles)

## Description

A data frame containing one motor primitive extracted from one wild type mouse walking on a treadmill.

## Usage

primitive

## Format

A data frame of two columns:

time Normalised time in points.

signal Motor primitive

#### Source

doi:10.1152/jn.00360.2020

primitives

All motor primitives of one synergy example (30 cycles)

## Description

A demo and incomplete musclesyneRgies object containing time info and three motor primitives extracted from one wild type mouse walking on a treadmill.

#### Usage

primitives

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#### rawdata

#### Format

A data frame of four columns:

time Normalised time in points.

Syn1 Motor primitive of synergy 1

Syn2 Motor primitive of synergy 2

Syn3 Motor primitive of synergy 3

## Source

doi:10.1152/jn.00360.2020

rawdata

Import RData or ASCII data into R

#### Description

Import RData or ASCII data into R

## Usage

rawdata(path\_cycles = NA, path\_emg = NA, header\_cycles, header\_emg = TRUE)

#### Arguments

path_cycles	Optional, path where cycle timing files are located
path_emg	Optional, path where raw EMG files are located
header_cycles	Logical, are the cycle files containing a named header (the header is optional)?
header_emg	Logical, are the raw EMG files containing a named header (they should)?

#### Details

Supported are R lists saved as RData files or tab- or comma-separated files readable through read.table() or read.csv(). The first column of each raw emg file must be time in the same units as those used for the cycle timings (e.g., [s] or [ms]). If reading from RData files, please call cycles CYCLE\_TIMES.RData and raw EMG RAW\_EMG.RData. Lists must be saved with save().

rawdata

## Value

List of objects of class EMG, each with elements:

- cycles data frame containing cycle timings, with as many columns as many cycle subdivisions are wanted
- emg data frame containing raw EMG data in columns, first column must be time in the same units as in the cycle timings

```
# Load built-in data set
data("RAW_DATA")
# Get current working directory
data_path <- getwd()</pre>
data_path <- paste0(data_path, .Platform$file.sep)</pre>
# Create two conveniently-named subfolders if they don't already exist
# (if they exist, please make sure they're empty!)
dir.create("cycles", showWarnings = FALSE)
dir.create("emg", showWarnings = FALSE)
# Export ASCII data from built-in data set to the new subfolders
write.table(RAW_DATA[[1]]$cycles,
  file = paste0(data_path, "cycles", .Platform$file.sep, names(RAW_DATA)[1], ".txt"),
  sep = "\t", row.names = FALSE, col.names = FALSE
)
write.table(RAW_DATA[[1]]$emg,
  file = paste0(data_path, "emg", .Platform$file.sep, names(RAW_DATA)[1], ".txt"),
  sep = " \ t", row.names = FALSE
)
# Run the function to parse ASCII files into objects of class `EMG`
raw_data_from_files <- rawdata(</pre>
  path_cycles = paste0(data_path, "/cycles/"),
  path_emg = paste0(data_path, "/emg/"),
  header_cycles = FALSE
)
# Check data in the new folders if needed before running the following (will delete!)
# Delete folders
unlink("cycles", recursive = TRUE)
unlink("emg", recursive = TRUE)
```

RAW\_DATA

## Description

A list containing electromyographic (EMG) human data from the right-side lower limb recorded during one walking trial.

## Usage

RAW\_DATA

## Format

A list containing one object of class EMG with elements cycles and emg, both data frames.

ID0012\_TW\_01 Object of class EMG containing the two following data frames:

cycles Gait cycle-timings, in seconds.

emg Raw EMG, first column is time in seconds, muscles named as:

ME=gluteus medius MA=gluteus maximus FL=tensor fasciae latae RF=rectus femoris VM=vastus medialis VL=vastus lateralis ST=semitendinosus BF=biceps femoris TA=tibialis anterior PL=peroneus longus GM=gastrocnemius medialis GL=gastrocnemius lateralis SO=soleus

#### Source

doi:10.1016/j.isci.2019.100796

sMLE

## Description

Short-term maximum Lyapunov exponents

## Usage

```
sMLE(synergies, mean_period, future_pts, norm, pts, R2_threshold = 0.9)
```

## Arguments

synergies	A musclesyneRgies object
mean_period	To locate the nearest neighbour of each point on the state space trajectory
future_pts	To limit the number of points "in the future" that are being searched
norm	Type of normalisation ("u" for minimum subtraction and normalisation to the maximum, "z" for subtracting the mean and then divide by the standard deviation)
pts	Minimum number of points needed to linearly approximate the first part of the divergence curve
R2_threshold	Threshold for calculating the slope of the divergence curve

## Details

The mean period is intended to exclude temporally close points. In gait, values are usually plus/minus half gait cycle. Future points usually correspond in gait to one to two gait cycles. Please consider that a sufficient amount of cycles in order to compute meaningful sMLE. For locomotor primitives, 30 gait cycles have been shown to be sensitive to perturbations (Santuz et al. 2020). However, in the more classical and widespread use on kinematic data, more are usually needed (Kang and Dingwell, 2006).

#### Value

A list with elements:

- · divergences containing the average logarithmic divergence curve
- sMLE the short-term Maximum Lyapunov exponent
- R2 the goodness of fit of the most linear part of the divergence curve

#### subsetEMG

#### References

Rosenstein, M.T., Collins, J.J., and De Luca, C.J. (1993). A practical method for calculating largest Lyapunov exponents from small data sets. Phys. D 65, 117–134.

Santuz A, Brüll L, Ekizos A, Schroll A, Eckardt N, Kibele A, et al. Neuromotor Dynamics of Human Locomotion in Challenging Settings. iScience. 2020;23: 100796.

Kang H.G., and Dingwell J.B. (2006). Intra-session reliability of local dynamic stability of walking. Gait Posture. 24(3) 386-390.

#### Examples

```
# Load some primitives
data("primitives")
# Calculate sMLE of motor primitives in the muscle synergy space
short_term_MLE <- sMLE(primitives,
  mean_period = 80,
  future_pts = 200,
  norm = "z",
  pts = 30
)
```

subsetEMG Subset raw EMG

### Description

Subset raw EMG

### Usage

subsetEMG(x, cy\_max, cy\_start = 1)

#### Arguments

х	Objects of class EMG with elements cycles and emg
cy_max	Maximum number of cycles to be considered
cy_start	From which cycle should the subset begin?

## Details

Lists in the correct format can be created with the function rawdata(). The first column of each emg element must be time in the same units as those used for cycles (e.g., [s] or [ms]). For locomotion, thirty cycles are enough for proper synergy extraction (Oliveira et al. 2014).

#### Value

Object of class EMG with elements:

- cycles data frame containing cycle timings, with as many columns as many cycle subdivisions are wanted
- emg data frame containing raw EMG data in columns, first column is time

## References

Oliveira, A. S. C., Gizzi, L., Farina, D. & Kersting, U. G. Motor modules of human locomotion: influence of EMG averaging, concatenation, and number of step cycles. Front. Hum. Neurosci. 8, 335 (2014).

## Examples

```
# Load some data
data("RAW_DATA")
# Subset example raw data to the first 3 cycles
RAW_DATA_sub <- lapply(
    RAW_DATA,
    function(x) {
        subsetEMG(x,
            cy_max = 3,
            cy_start = 1
        )
    }
)
```

SYNS

Muscle synergies example

#### Description

A list created by synsNMF containing muscle synergies extracted from 15 humans walking on a treadmill.

#### Usage

SYNS

## Format

A list containing 15 objects of class musclesyneRgies, each of which represents a walking trial from a different person.

ID0012\_TW\_01 ID0001\_TW\_01 ID0002\_TW\_01 ID0003\_TW\_01 ID0004\_TW\_01 ID0005\_TW\_01 ID0006\_TW\_01 ID0007\_TW\_01 Objects of class musclesyneRgies containing the following items:

## synsNMF

- syns Factorisation rank or minimum number of synergies.
- M Motor modules (time-invariant coefficients)
- P Motor primitives (time-dependent coefficients)
- V Original data, muscles named as:
  - ME=gluteus medius MA=gluteus maximus FL=tensor fasciae latae RF=rectus femoris VM=vastus medialis VL=vastus lateralis ST=semitendinosus BF=biceps femoris TA=tibialis anterior PL=peroneus longus GM=gastrocnemius medialis GL=gastrocnemius lateralis SO=soleus
- Vr Reconstructed data, muscles named as in Vr
- iterations Number of iterations to convergence
- R2 Quality of reconstruction (coefficient of determination)
- classification Classification type (e.g., none, k-means, NMF, etc.)

#### Source

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synsNMF

Non-negative matrix factorisation

## Description

Non-negative matrix factorisation

#### Usage

```
synsNMF(
    V,
    R2_target = 0.01,
    runs = 5,
    max_iter = 1000,
    last_iter = 20,
    MSE_min = 1e-04,
    fixed_syns = NA
)
```

## Arguments

V	EMG data frame to be reconstructed, usually filtered and time-normalised
R2_target	Threshold to stop iterations for a certain factorisation rank
runs	Number of repetitions for each rank to avoid local minima
max_iter	Maximum number of iterations allowed for each rank
last_iter	How many of the last iterations should be checked before stopping?
MSE_min	Threshold on the mean squared error to choose the factorisation rank or mini- mum number of synergies
fixed_syns	To impose the factorisation rank or number of synergies

## Details

The first column of V must always contain time information.

## Value

Object of class musclesyneRgies with elements:

- syns factorisation rank or minimum number of synergies
- M motor modules (time-invariant coefficients)
- P motor primitives (time-dependent coefficients)
- V original data
- Vr reconstructed data
- iterations number of iterations to convergence
- R2 quality of reconstruction (coefficient of determination)
- rank\_type was the rank fixed or variable?
- classification classification type (e.g., none, k-means, NMF, etc.)

#### References

Lee, D. D. & Seung, H. S. Learning the parts of objects by non-negative matrix factorization. Nature 401, 788-91 (1999).

Santuz, A., Ekizos, A., Janshen, L., Baltzopoulos, V. & Arampatzis, A. On the Methodological Implications of Extracting Muscle Synergies from Human Locomotion. Int. J. Neural Syst. 27, 1750007 (2017).

## synsNMF

Févotte, C., Idier, J. Algorithms for Nonnegative Matrix Factorization with the Beta-Divergence Neural Computation 23, 9 (2011).

```
# Note that for bigger data sets one might want to run computation in parallel
# Load some data
data(FILT_EMG)
# Extract synergies (careful, rank is imposed here!)
SYNS <- lapply(FILT_EMG, synsNMF, fixed_syns = 4)</pre>
```

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